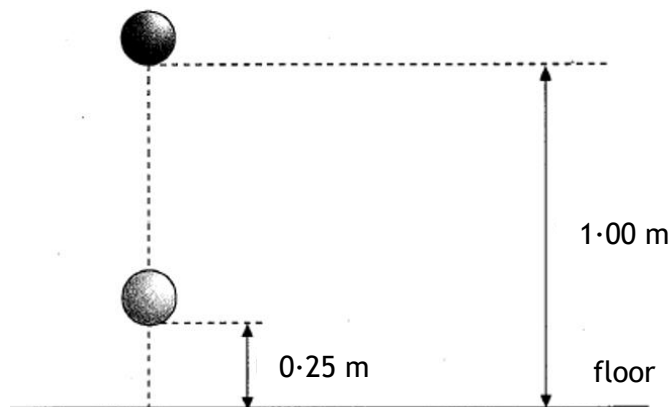


Area 4: Energy of Motion

Multiple Choice Questions 1 → 10

1. A 4.5 kg box is lifted onto a shelf that is 3.4 m above the ground, in a time of 5.0 s. Calculate the potential energy gained by the box.
A 1.32 J
B 15.3 J
C 76.5 J
D 150 J
E 750 J
2. An electrical motor raises a crate of mass 500 kg through a height of 12 m in a time of 4 s. Calculate the minimum power rating of the motor.
A 1.25 kW
B 1.5 kW
C 15 kW
D 60 kW
E 240 kW
3. Determine which of the following units could be the unit of kinetic energy.
A N m^2
B N ms^{-1}
C kg ms^{-1}
D N kg^{-1}
E $\text{kg m}^2\text{s}^{-2}$
4. A ball of mass 0.50 kg is released from a height of 1.00 m.



Determine the gravitational potential energy and the kinetic energy of the ball when it is at a height of 0.25 m above the ground.

	gravitational potential energy (J)	kinetic energy (J)
A	0.125	0.125
B	1.23	1.23
C	1.23	3.67
D	3.67	1.23
E	4.90	1.23

5. A man of mass 80 kg dives from a diving board which is 10 m above the water. Neglecting air friction, calculate the kinetic energy of the diver immediately before he hits the water.
- A 80 J
 - B 784 J
 - C 980 J
 - D 3920 J
 - E 7840 J
6. An engine applies a force of 2000 N to move a lorry at a constant velocity. The lorry travels a distance of 100 m in a time of 16 s. Calculate the power developed by the engine during this time.
- A 0.8 W
 - B 12.5 W
 - C 320 W
 - D 12500 W
 - E 3200000 W
7. A crate of mass 200 kg is pushed a distance of 20 m across a level floor. The crate is pushed with a force of 150 N. The force of friction acting on the crate is 50 N. Calculate the work done in pushing the crate across the floor.
- A 1000 J
 - B 2000 J
 - C 3000 J
 - D 4000 J
 - E 20000 J
8. A car of mass 750 kg is travelling at a constant velocity of 3.5 ms^{-1} . The car brakes and comes to rest. Calculate the maximum heat energy release by the brakes.
- A 214 J
 - B 2625 J
 - C 1313 J
 - D 4594 J
 - E 9188 J

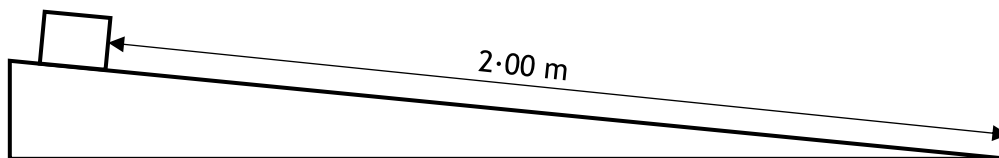
9. An arrow is fired from a bow as shown.



An archer pulls the string back a distance of 0.50 m. The string exerts an average force of 300 N on the arrow as it is fired. The mass of the arrow is 0.15 kg. Calculate the maximum kinetic energy gained by the arrow.

- A 23 J
- B 150 J
- C 600 J
- D 2000 J
- E 6750 J

10. A box slides down an inclined plane (slope) with a constant frictional force acting.



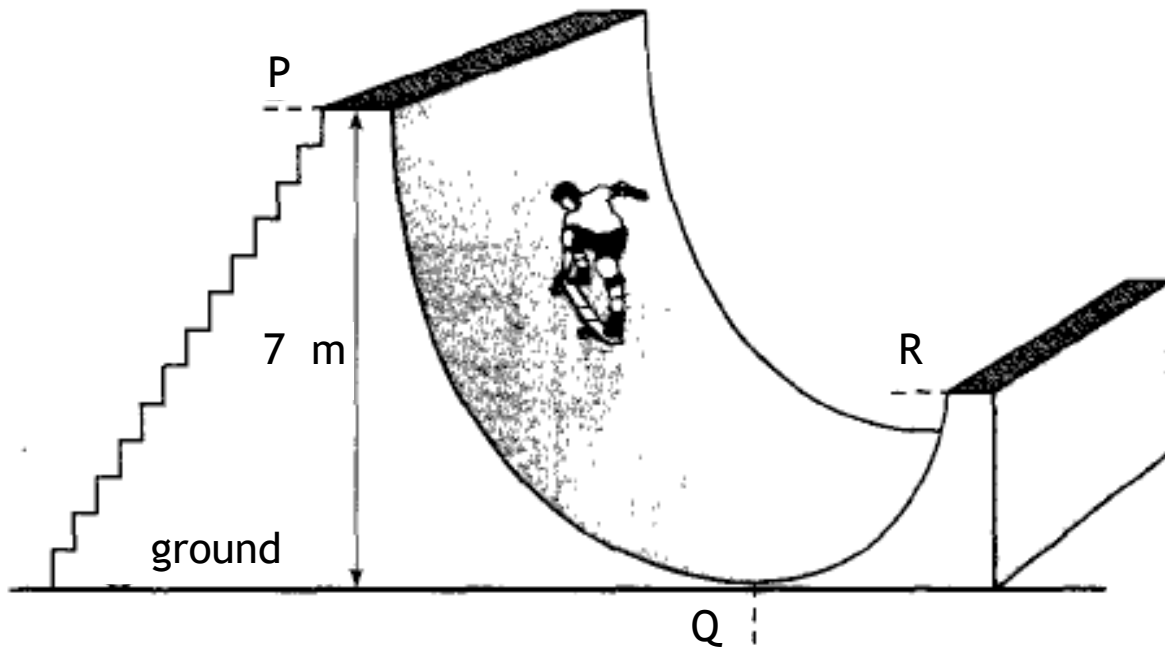
The box is measured to have 2.55 J of potential energy at the top of the inclined plane. The box is measured to have 1.55 J of kinetic energy at the bottom of the inclined plane. Calculate the force of friction acting down the slope.

- A 1.28 N
- B 0.50 N
- C 0.78 N
- D 1.00 N
- E 1.28 N

Full Response Questions 11→ 14

11. A skateboarder is practising on a ramp.

The total mass of the skateboarder and the board is 60 kg.



- (a) Calculate the increase in potential energy of the skateboarder and board in moving from the ground to position P.
- (b) The skateboarder moves along the ramp from P to R, and rises into the air above R.
- (i) State which point P, Q or R on the ramp that the kinetic energy of the skateboarder is the greatest.

The vertical speed of the skateboarder at R is 6 ms^{-1} .

- (ii) Calculate the height that the skateboarder rises to, above R.
- (iii) Explain why the skateboarder does not rise to the same height as P.

12. A railway train travels uphill between two stations.



Information about the train and its journey is given below.

Average speed of train	5 ms^{-1}
Time for journey	150 s
Power of train	120 kW
Mass of train plus passengers	20 000 kg

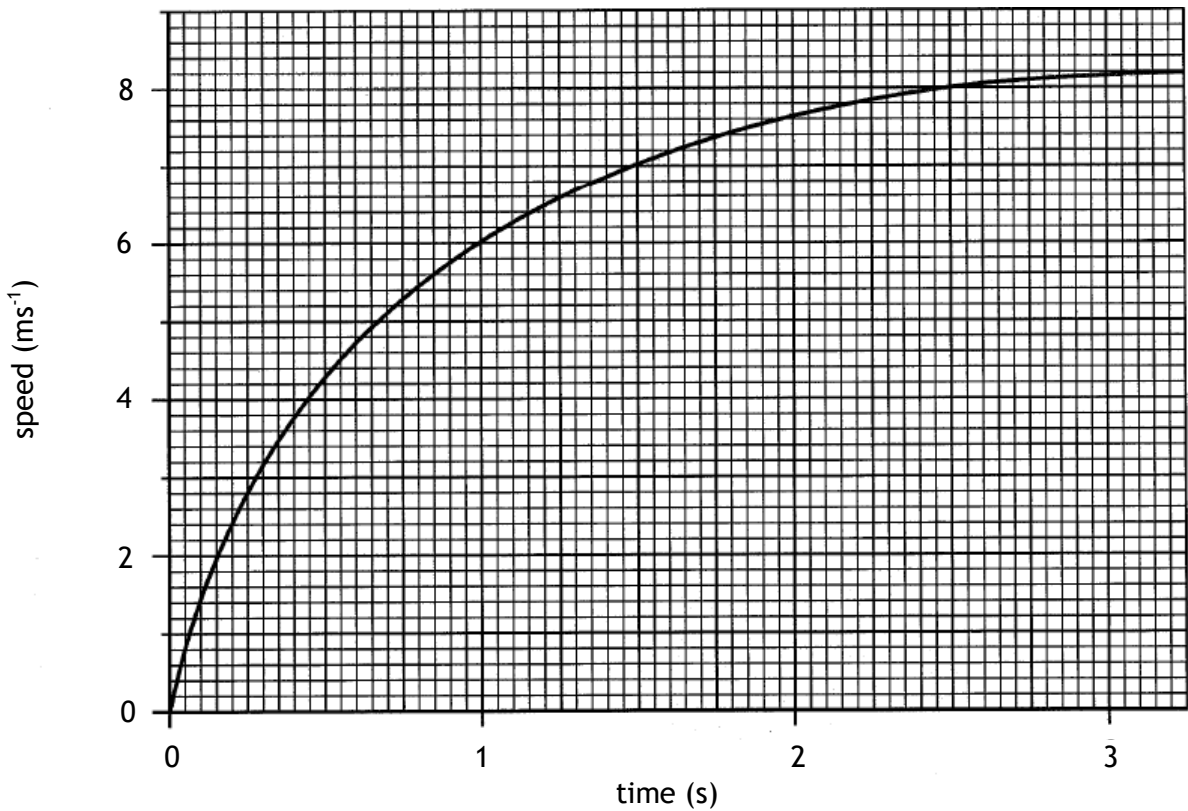
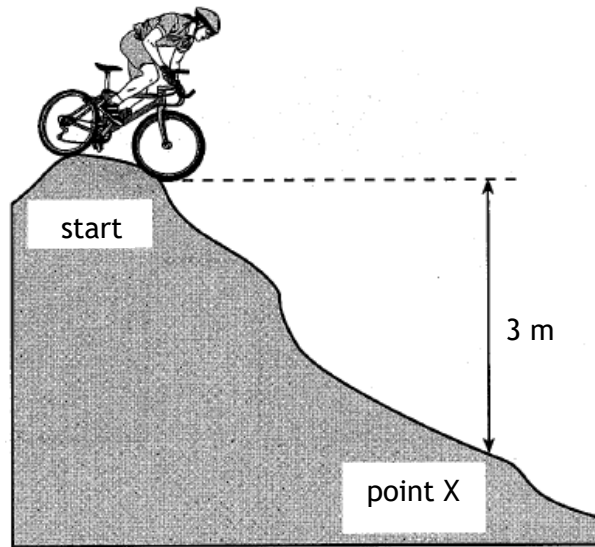
- Calculate the energy used by the train during the journey.
- Calculate the height gained by the train during the journey.
- Suggest why the actual height gained by the train is less than the value calculated in part (b).

13. A chairlift at a ski resort carries skiers through a vertical distance of 400 m.



- (a) The chairlift carries 3000 skiers of average mass 90.0 kg each hour.
Calculate the total gravitational potential energy gained by the skiers in one hour.
- (b) Calculate the power of the motor required to move the skiers.

14. In a mountain bike competition, a competitor starts from rest at the top of a hill. He pedals downhill and after 2.5 seconds he passes point X which is 3 m lower than the start. The total mass of the bike and the competitor is 90 kg. A speed time graph for this part of the competitors journey is shown below:



- Calculate the decrease in gravitational potential energy of the competitor and the bike from the start of the race to point X.
- Calculate the kinetic energy of the competitor and the bike at point X.
- Explain the difference between your answers to part (a) and (b).