

6 STEPS TO BRING HAPPINESS

1. FIND

Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.

2. WRAP

Wrap your box and lid separately so that the lid can be removed without tearing the paper.

3. PACK

Gather the items, remove any excess packaging and pack into the box.

4. CHECK

On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

5. DONATE

Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

6. DELIVER

Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.) Deliver your box to your local collection point.



For Christmas delivery your shoebox should be at your church, school or other collection point week commencing 29 October 2018



CHECKLIST 2018

Please tick items included and firmly secure this list on your shoebox lid.

SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

- Toothbrush and Toothpaste**
- Hat, scarf, gloves**
- Soap**
- Small Toy** for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.
- Sweets** (No chocolate or any other food) 'Best Before' date no earlier than March 2019. **No loose sweets, lollies or undated bags of sweets.**

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors
- Household Candles
- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

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Miscellaneous

- New Make-up
- Sewing Equipment

PLEASE TICK THE BOX NEXT TO WHO THE BOX IS FOR

Please specify the age of the girl or boy you have filled this box for:

- Girl - age
- Teenage Girl - age
- Woman
- Elderly woman
- Boy - age
- Teenage Boy - age
- Man

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