

GROVE ACADEMY



INDOOR PE

Grove Academy

In Virtute

Minimiae

ARRIVING AND CHANGING FOR INDOOR PE

- Meet outside the PE dept.
- Your teacher will invite you into dept, please wear face covering.
- Sanitize your hands on-route to changing room.
- Change into PE kit and make your way to your working area with face covering on.
- Pupils who have PE period 1 may attend school in PE kit, but must bring school uniform for after PE.



ENTERING PE HALLS

- Sanitize your hands at top of PE staircase.
- Enter PE hall and sit in designated area in front of white board.
- Keep face covering on until instructed by teacher.
- Teacher have been assigned a 2m area around white board, please do not enter this area.



DURING PE LESSONS

- Face coverings may be removed during physical activity. This is a choice.
- When not involved in physical activity, please wear your face covering.
- Shared equipment will be cleaned between games and lessons.
- Pupils may be asked to be part of the cleaning process.



END OF PE LESSONS

- Return to designated space in front of whiteboard at the end of lesson.
- Please wear your face covering.
- Clean equipment used on instruction of class teacher.
- Sanitize your hands when exiting the PE hall on-route to changing rooms.



CHANGING AFTER PE LESSONS

- Teacher will issue each pupil with a wipe to clean their own changing area.
- Change quickly in your own area into your school uniform, pupils do not need to change if this is the last period of the day.
- Wipe down your area and drop the wipe into the bin provided outside the changing room.
- Wait outside the PE dept. door until your teacher dismisses you.





MOVING PE INDOORS – S1

Monday period 1&2

1D1, 1D2, 1G1, 1G2

- Mr Burnett – Dawson Park
- Miss Orchiston – Games Hall
- Mrs Golden – Dawson Park
- Miss Bowman – Small Gym

Wednesday period 6&7

1R1, 1R2, 101, 102

- Miss Orchiston – Dance Studio
- Mr Masson – Dawson Park
- Mrs Golden – Badminton
- Miss Bowman – Small Gym





MOVING PE INDOORS – S2

Monday 6&7

2R1, 2R2, 2O2

- Mr Burnett – Dawson Park
- Miss Bowman – Games Hall
- Mr Masson – Dawson Park
- Miss Golden – Dance Studio

Tuesday 2&3

2G1

- Mr Burnett – Games Hall & Dance Studio

Wednesday 6&7

1R1, 1R2, 1O1, 1O2

- Miss Orchiston – Dance Studio
- Mr Masson – Dawson Park
- Mrs Golden – Badminton
- Miss Bowman – Small Gym

Friday 1&2

2G2

- Mrs Golden – Small Gym





MOVING PE INDOORS — S3&4

S3 - PE

All S3 PE to move indoors except;

- Tuesday 3&4 – Mrs Golden – Dawson

S4 – PE

All S4 PE to move indoors except;

- Friday 1&2 – Mr Masson – Dawson



MOVING PE INDOORS — NATIONAL 5 & HIGHER



National 5

All Nat5 PE to move indoors except;

- Thursday 5&6 – Mr Burnett – Dawson

Higher

All Higher PE to move indoors except;

- Thursday 5&6 – Miss Orchiston - Dawson

