

# Young Scot Schools



#YSSchools



## Young Scot Schools #YSSchools

- Introduction
- Who is Young Scot?
- Young Scot Schools #YSSchools
- Links to Education
- Joining Young Scot Schools #YSSchools
- Young Scot National Entitlement Card (Criteria 1)
- Young Scot Membership (Criteria 2)
- Young Scot Hive #YSHive volunteering opportunities (Criteria 3)
- Young Scot services (Criteria 4)
- Young Scot Digital Information and Resources (Criteria 5)
- Connect with Young Scot (Criteria 6)
- Personal and Social Education (PSE)
- Appendices

## Introduction

This pack contains a guide to Young Scot and our products and services for young people. This includes information on the Young Scot National Entitlement Card (Young Scot NEC), our digital information services and campaigns, Young Scot Rewards, our volunteering opportunities, and more.

This pack gives you all the information needed to join Young Scot Schools #YSSchools. It will also help you to deliver information sessions about Young Scot.



## Who is Young Scot?

We are Young Scot – the national youth information and citizenship charity for 11-26-year-olds in Scotland. We provide young people with information, ideas and opportunities. Our work helps young people navigate the challenges they face as they grow up – particularly during times of change in their lives – such as moving to high school or starting a job.

- **Inform:** We inform young people using young.scot and deliver information using the digital spaces they spend their time in – Snapchat, Instagram, Facebook, TikTok and YouTube. We also translate essential information and content into Gaelic.

In response to the increase of misinformation, we have a quality standard for our information aligned to the European Youth Information Charter. Young people are continuously making decisions and choices that significantly impact their futures. That's why they need access to quality-assured, timely and accessible information. It helps them understand their rights, make informed decisions, connects them with opportunities, and empowers them to be active citizens.



- **Connect:** Young people in Scotland are entitled to their free Young Scot National Entitlement Card (Young Scot NEC) that connect them to opportunities and services. Using their Young Scot NEC, young people can maximise their income with in-person and online discounts at local and national outlets in Scotland and across Europe. They can also use their Young Scot NECs for free proof of age, concessionary travel, and lots of local services too. They can also sign up for our exciting Young Scot Rewards.

It's important to create a level playing field for young people to access the opportunities and services that they are entitled to, regardless of geography, experience and circumstances. This supports their wellbeing and helps them to fulfil their potential.

- **Empower:** Our Young Scot Hive [#YSHive](#) volunteering opportunities empower young people to be system changers by sharing power with organisations and tackling society's toughest challenges. Young people join [#YSHive](#) to have the chance to create a fairer, more sustainable world for their friends and peers, and future generations.

We've supported young people to partner with the Scottish Government, Nature Scot, BBC Scotland, Co-op Foundation, Carnegie UK Trust, 5Rights Foundation, and many more. Lots of [#YSHive](#) volunteers have a passion for an issue that they want to explore. Others come wanting to build their confidence. No matter their motivation, they take part in positive experiences and build skills that support them to be active citizens.

## Young Scot Schools [#YSSchools](#)

Young Scot Schools [#YSSchools](#) is our programme for schools that helps to make sure learners have full access to the Young Scot NEC, alongside our digital information, discounts, volunteering opportunities and other entitlements.

[#YSSchools](#) helps you to create strong links with educational outcomes, policies and procedures. These include the National Performance Framework, Curriculum for Excellence and the United Nations Convention on the Rights of the Child.

If you join Young Scot Schools [#YSSchools](#), you will become an accredited school and will receive an accreditation badge for use on your website, social media channels and newsletters. We will also provide you resources that will support you to deliver the programme.

We are excited to work in partnership with you to ensure that your learners have more opportunities to support them to grow, thrive and achieve.





## Links to Education

### Curriculum for Excellence

Taking part in Young Scot Schools #YSSchools can help you to offer more opportunities for your learners to develop essential skills and gain access to accurate and relevant information

- Successful Learners: access to high-quality information via young.scot and our social media channels gives young people opportunities to develop new thinking and ideas.
- Confident Individuals: our Young Scot Hive #YSHive volunteering and positive activities give young people the skills to turn their knowledge into action and opportunity.
- Responsible Citizens: the collaborative working and engagement skills young people develop whilst taking part in our opportunities helps them to develop a deeper sense of respect for others.
- Effective Contributors: our quality-assured information and opportunities help young people to develop their resilience and confidence skills.

### United Nations Convention on the Rights of the Child (UNCRC)

Many of the rights within the UNCRC align with our information and opportunities, including opportunities to learn about policies, legal systems, or involvement in important decision-making. The programme ensures that young people's rights within your school are met and respected.

- Article 12: the right to give your opinion and for adults to listen and take it seriously.
- Article 13: the right to find out things and share what you think with others.
- Article 17: the right to get information that is important to your well-being, from radio, newspaper, books, computers and other sources.
- Article 29: your education should help you to use and develop your talents and abilities.
- Article 31: Every child has the right to relax, play and take part in a wide range of cultural and artistic activities.



## Getting It Right for Every Child (GIRFEC)

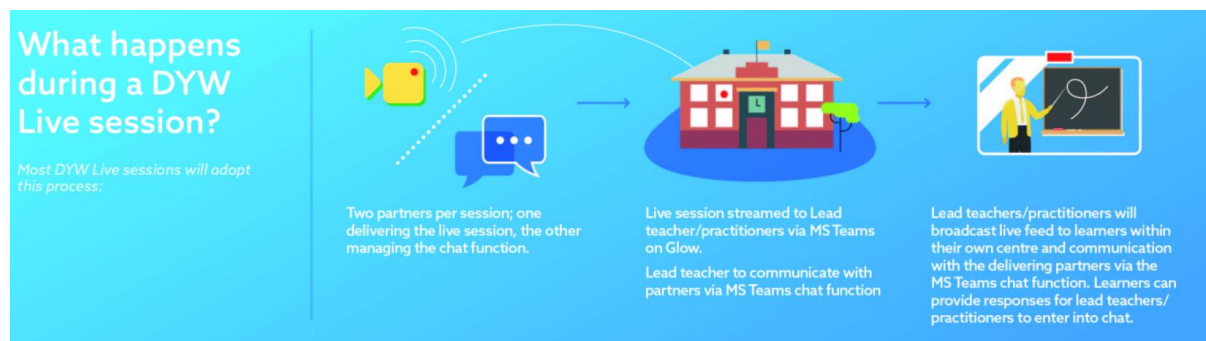
Young Scot Schools #YSSchools aligns with the principles of GIRFEC and supports the wellbeing of all young people. Our information services cover a wide range of topics, including safety, health and wellbeing, how to stay active, and many more.

Also, our [Young Scot Carers Package #YSCarers](#) provides specific entitlements to young carers to recognise their hard work and enable these young people to feel Nurtured and Included.

## Developing the Young Workforce (DYW)

We work in partnership with DYW and support the delivery of the Young Person's Guarantee. Our [website](#) provides information for young people on their rights at work as well as guides to understanding payslips and contracts and tips to help develop skills such as networking.

We also partner with e-Sgoil who provide DYW Live online sessions that support young people to develop employability skills, career pathways and industry connections. These include webinars, certified courses and virtual work placements. Adults can find more information [here](#).



## Mental Health and Wellbeing

We know that mental health and emotional wellbeing is a priority for all schools.

Our [#AyeFeel website](#) has information for young people on how to look after their emotional wellbeing, support from organisations around Scotland and tips on how to promote a positive mindset.

Also, our discounts (accessed using the Young Scot NEC) offer outdoor experiences, outdoor clothing and gym memberships allow young people to manage stress and anxiety using strategies that aren't always accessible to them without their Young Scot NEC.



## Joining Young Scot Schools #YSSchools

This information will help you sign up to Young Scot Schools #YSSchools. To gain the accreditation, your school should complete at least four of the six criteria. You should share three pieces of evidence for each of the criteria you choose to complete. [Click here for more information on gathering evidence.](#)

### Criteria 1: Get Your Young Scot NEC

Your learners know the benefits of having a Young Scot NEC and how to apply for it. You share information to learners about:

- [How to apply for a Young Scot NEC.](#)
- [How to order a replacement Young Scot NEC.](#)
- [How to keep photographs up to date.](#)

Examples of evidence may include:

- Sending us a picture of the [Young Scot NEC poster](#) up in your school.
- Send pictures of an information assembly on the Young Scot NEC using [this presentation.](#)
- Provide us with information on which staff members are responsible for providing your learners with up-to-date information on the Young Scot NEC.

### Criteria 2: Sign up to your Young Scot Membership

Your learners know how to sign up to Membership on young.scot to access online discounts and Young Scot Rewards. You share information about:

- The benefits of taking part in Young Scot Rewards.
- [How to sign up for Membership on young.scot.](#)
- [How to access online discounts and Young Scot Rewards.](#)

Examples of evidence may include:

- Send pictures of an information assembly on the Young Scot Membership using [this presentation.](#)
- Share a picture of you showing our [membership video](#) to your learners.
- Send us a picture of the [Young Scot Membership poster](#) up in your school.
- Share a lesson plan that teachers have used where they have shown your learners how to sign up to membership.
- Provide us with information on which staff members are responsible for providing learners with up-to-date information on how to sign up for Young Scot Membership.

### Criteria 3: Young Scot Hive #YSHive volunteering opportunities

Your learners receive regular information about the many different volunteering opportunities with Young Scot Hive #YSHive. You share information about:

- The benefits of volunteering.
- Why Young Scot Hive #YSHive is important.
- [Where to find information and opportunities with #YSHive.](#)



Examples of evidence may include:

- Send pictures of an information assembly on #YSHive using [this presentation](#).
- Sending us a picture of the [#YSHive poster](#) up in your school.
- Share a lesson or assemblies where #YSHive opportunities are shared with learners.
- Share current #YSHive opportunities on your school's social media channels or newsletter and send us evidence of this.

#### **Criteria 4: Young Scot Services**

Your learners know about the free local and national Young Scot services on offer to them. You share information about:

- Different Young Scot services, including [#YSAttain](#), [#YSCarers](#) and [#YSNext](#).
- Where to find information on Young Scot services.
- The benefits of different Young Scot services.

Examples of evidence may include:

- Send pictures of an information assembly on the YS Services using [this presentation](#).
- Sending us a picture of different Young Scot posters displayed in your school.
- Send us a copy of a lesson or assembly plan used to share information about Young Scot services.
- Share a picture of an assembly or lesson using the [Young Scot presentation](#).
- Share some examples with us of questions/queries that learners may have had about our services. This will help us to know where we need to add more information.
- Use or share information about [#YSNext](#), the [Young Carers Package](#) and [#YSAttain](#) in your school and send us evidence of this.
- Sign up and join our [DYW Live sessions](#), delivered in partnership with e-Sgoil.

#### **Criteria 5: Young Scot Information and Resources**

Your learners take part in lessons, assemblies or information session that use our themed/topical digital information for young people, campaign materials or resources. You share:

- Digital information and campaigns on [young.scot](#).
- Activities from our [learning resources page](#) to consolidate learning on topics (not information about Young Scot).

Examples of evidence may include:

- Send pictures of an information assembly on Young Scot Information using [this presentation](#).
- Share a picture of an assembly or lesson taking place that uses our [information resources](#).



- Send us an image of learners accessing our website to view [information resources](#) (please do not disclose the identity of learners).
- Share a lesson plan that incorporates one or more of our [learning resource activities](#) (not information about Young Scot).
- Send us a screenshot of Young Scot social media channels being promoted on your schools' online channels, newsletter or of the poster displayed in your school.

### **Criteria 6: Connect with Young Scot**

Your school is in touch with your Local authority's Young Scot representative, and you collaborate on local Young Scot opportunities, including:

- Bulk Young Scot NEC processes in your school.
- Creating local digital content on [young.scot/near-me](#).

Examples of evidence may include:

- Share with us discussion points from your meeting with your Local authority's Young Scot representative.
- Send us a link to digital content that your learners have created on [your local page](#).





## Young Scot NEC (Criteria 1)

- The Young Scot NEC is free of charge to 11-26-year-olds living in Scotland. This is a smart chip contactless card and is part of Scotland's national smartcard system.
- PASS (Proof of Age Standards Scheme) - the Young Scot NEC is part of the accredited national proof of age card scheme PASS. Young Scot NEC are recognised in law by The Scottish Government and Police Scotland as an acceptable form of proof of age. PASS provides an easy solution for local retailers to check someone's age. The Young Scot NEC is accessible to young people without a driver's license or passport. PASS helps local businesses stay the right side of the law on the sale of restricted goods. By encouraging the use of PASS, we can help reduce the number of lost drivers' licenses and passports. PASS is a safe, secure, valid form of proof of age supported by experts and the police.
- Free bus travel for under-22-year-olds. Young people will be able to access the new free bus scheme in January 2022 using the National Entitlement Card (NEC) or Young Scot branded NEC. However, work is still ongoing to finalise the application process, so we recommend waiting until further information on how to apply for and access the Young Persons' Free Bus Travel Scheme is provided later this year. [Please check the Transport Scotland website for updates](#).
- Cashless Catering - young people can use their Young Scot NEC to pay for school lunches. They can do this by loading money up on their Young Scot NEC, either via cheque/cash or online. If they are entitled to free school meals, money will be automatically added to their card every day that they can spend in the school canteen.
- In-person & Online Discounts - We help young people maximise their income and improve their wellbeing by giving them [800 discounts at 400 retailers](#) and venues across Scotland, accessed using their Young Scot NEC. Some of our most popular [in-person discounts](#) are at the Co-op, Cotswold Outdoor, Citylink and Schuh. Young people can also sign up at [young.scot](#) and get access to our [online discounts](#), including money off at Pure Gym, Footasylum, Hostelling Scotland, Snow + Rock, Cass Art and Cineworld. Scotland's 700,000 Young Scot NEC holders and the 7.2 million European Youth Cardholders can also access 100,000 discounts in 41 countries across mainland Europe on travel, culture, accommodation and education. This is thanks to our partnership with the [European Youth Card Association](#).
- Access to Leisure Facilities & Libraries - In some parts of Scotland, young people can use their Young Scot NEC to access the gym and swimming pool, get money off classes, and access their local library. They can check with their local Young Scot representative to find out if they can use their card at leisure centres in their area.



- E-Voting & Participatory Budgeting – Young people can use their Young Scot NEC to [vote](#) in their local authority participatory budgeting poll. This allows young people to vote on how an allocated amount of money is spent within their community on youth projects.

In Appendix 1 you will find a list of in-person discounts young people can access with their Young Scot NEC. Young people can also sign up at [young.scot](#) to access online discounts. Also, each local authority has specific discounts for young people to access in their area such as local cafes and leisure centres.

### **How to apply for a Young Scot NEC or order a replacement**

Local authorities across Scotland issue the Young Scot NEC. Young people should contact them directly to:

- apply for a new Young Scot NEC
- update a photograph
- or replace a lost Young Scot NEC

If a young person is applying for their first Young Scot NEC, then they can use [Get Your NEC](#) if their local authority is signed up. The service is available if they are 12-26 years old. They can sign up for [myaccount](#). They will also need a passport or driving licence to apply for a Young Scot NEC this way. They can go to [getyournec.scot](#) FAQ for more information and to find out if their local authority is signed up

Some local authorities will allow young people to apply for a young school NEC in person at local libraries and civil buildings. They should contact their local authority to find out about the services on offer near their home.



## **Young Scot Membership (Criteria 2)**

All 12-26-year-olds in Scotland can sign up as a member for free at [young.scot](http://young.scot) and access Young Scot Rewards. Every young person living in Scotland is entitled to a free Young Scot NEC so there are no financial barriers to taking part. Once they're signed up at [young.scot](http://young.scot), young people can take part in lots of different types of activities and earn Young Scot Rewards points.

### How to sign up for Membership

Young people do not need their NEC number to sign up as a member. In appendix 2 you will find a step-by-step guide for young people on how to sign up to Young Scot Membership.

### How to Access Online Discounts & Young Scot Rewards

With Young Scot Membership, young people can earn rewards points by completing fun activities online. Once they have built up their points, they will be able to exchange them for rewards.

### How to Complete Activities

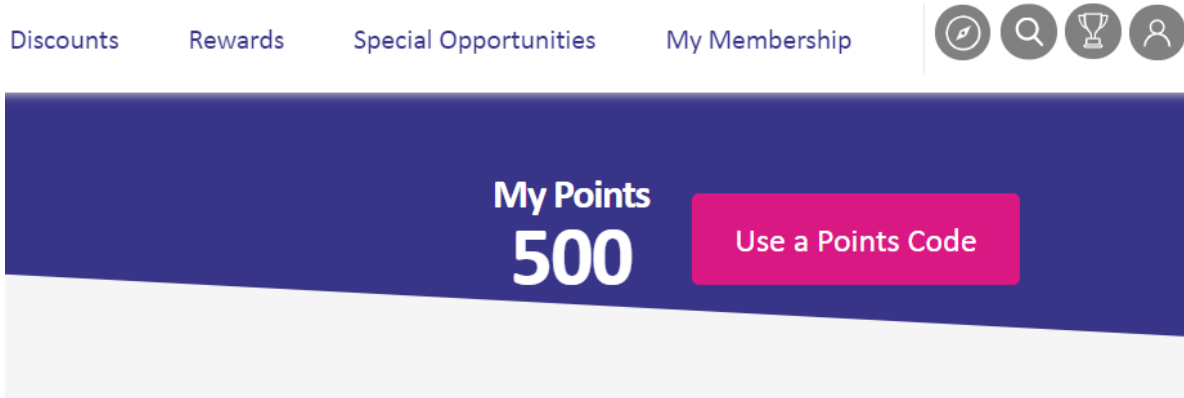
Young people can complete activities to build up your points total. They can find activities by clicking on 'Rewards' and selecting 'activities' in the filter. There are quizzes, surveys, articles to read and more. At the end of the activity, they'll get a points code to redeem to collect their points.

To complete an activity online, young people must be signed in. They will find an activity they want to complete and click the pink 'Get Now' button under 'Ready to Get Started?' to sign in and complete the activity. If they are already signed in, they'll be able to complete the activity straight away.



### How to Redeem Points

There are two ways for young people to redeem their points. They can click on the link provided to add their points automatically to their account or they can write down or copy the eight-digit points code and click on the grey trophy button on the top right of the screen, or 'Use a Points Code' on their dashboard.

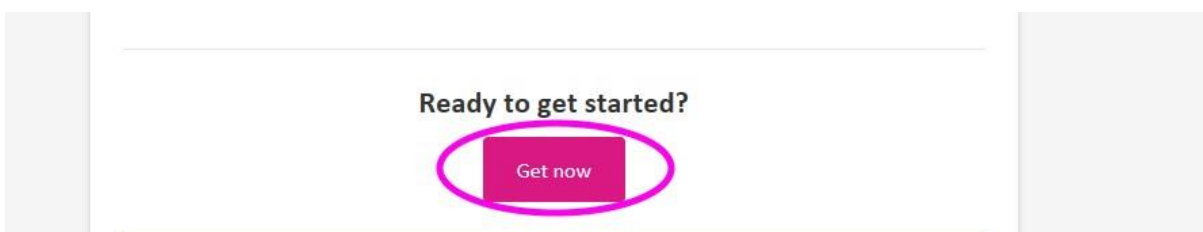


### Rewards

There are four types of rewards to exchange points on.

- Win: Enter prize draws by exchanging 25 points. Items up for grabs can include tickets to sporting and cultural events or the latest tech and gadgets.
- Claim: Exchange points to claim instant rewards like stationary, vouchers, sports gear and more.
- Apply: Apply for experiential rewards in exchange for 25 points. Experiences can include going behind the scenes at events and businesses or work shadow experiences with leaders at top Scottish organisations.
- Donate: Exchange rewards points to make donations to important and well deserving charities and causes like the Big Issue, British Heart Foundation and MND Scotland.

To claim, apply for and donate rewards or to enter a prize draw, young people need to be signed in. They should click 'Get Now' to sign in and then complete the form. If they're already signed in, simply complete the form and exchange the points for the reward.







## Young Scot Hive #YS Hive (Criteria 3)

[#YSHive](#) empowers young people to be system changers and influencers by sharing power with organisations and tackling society's toughest challenges. Co-designed by young people, we support organisations to partner with young people to define, design and deliver of new policies and improvements to services.

Our range of engaging and ethical design models create conditions, discover insights, shape ideas for improvement to unlock culture and system change. Our skills, design models and tools support our #YSHive young volunteers to:



- Explore - Frame the vision, probe problems and question the big picture.
- Create - Seek opportunities to prototype and play with ideas to take a deeper dive into the issues.
- Disrupt - Test ideas in the real world and question the future to learn if they have value.
- Act - Share learning stories and pitch bold ideas to challenge decision makers and influence real system change.

### Benefits of volunteering

- Volunteering with us provides young people with opportunities to build their knowledge and skills outside the classroom. They will work with a team of young people, cultivating relationships and improving their confidence.
- Young people are given the time and resources as well as expert support and advice to create a movement of change. They'll have the chance to create a more sustainable and fairer world by working with our partners on co-design projects. This will empower them to share learning stories and pitch bold ideas to challenge decision makers and influence real system change.
- We develop our young volunteers through training and accreditation, meaning that the time young people spend volunteering is recognised.
- We co-deliver projects with partners who work with young people from under-represented backgrounds. This approach ensures we are fully reflective of all Scotland's young people.
- Volunteering is free, and accommodation and meal expenses covered for in-person opportunities.



## Young Scot Services – (Criteria 4)

We offer a range of support to young people facing barriers – helping them to fulfil their potential.

### **Young Carers Package #YSCarers**

The Young Carers Package [#YSCarers](#) is part of the Scottish Government's commitment to recognising the contributions of young carers. The package is a special bundle of treats available to all young carers, aged 11 to 18 inclusive in Scotland. It's filled with special treats to help them make the most of their free time and support them in their caring role and is completely free.



As well as supporting those who have already recognised their caring role, #YSCarers aims to support young people who don't see themselves as young carers to access support they're entitled to. To this end, the application process is simple and straightforward, increasing the accessibility of the package. To apply for the Young Carers Package, young carers aged 12-years-old and over first sign up for Young Scot Membership and apply under 'Special Opportunities'.

All that's required are some personal details (name, age, and email address) and the contact details of a trusted adult who can verify the caring role of the applicant. This might be a parent, support worker or teacher/lecturer. We'll then contact them to check that the applicant fits the eligibility criteria. We also ask if the applicant has completed a Young Carer Statement, if they're aware of other support available (for example through their school or employer) and how their caring role feels for them. However, these answers don't affect the applicant's eligibility.

Once approved, young carers will be able to access special opportunities and discounts from their Membership Dashboard. Under-12-year-olds can't currently sign up for Young Scot Membership due to data protection regulations. However, they can still access the Young Carers Package by filling out a [simple online form](#).



## Young Scot Next #YSNext

[#YSNext](#) is our entitlements offer for 16-25-year-olds who are not in education or employment. It's designed to support them to develop new skills, make their everyday living easier, and promote good health and wellbeing.

Through #YSNext, we aim to improve the ability of financially vulnerable young people to make informed decisions and choices and reduce financial barriers, including those faced because of COVID-19.

The package offers support tailored to the circumstances of each young person therefore applications are assessed on a case-by-case basis. Successful applicants will be sent vouchers to support their next steps to employment, depending on the needs identified in their application. Support might include

- Vouchers for clothing, for example to attend interviews.
- Vouchers for books or study materials to develop skills and knowledge and boost CVs.
- Vouchers for technology if digital inclusion is a barrier.
- Vouchers for essential such as food or other supplies.

Applicants will also receive vouchers which support their wellbeing, based on what young people told us would be most useful. This might include access to Spotify, a subscription to the Happy Newspaper, self-care vouchers or vouchers for cafés.

We hope that #YSNext can make a substantial difference to the lives of young people, helping them to take their next steps to employment and supporting them as they transition.

Applying for #YSNext is quick and simple. Young people aged 16-25 just need to [sign up for Membership](#) and look for the #YSNext reward. To apply for support, there is a simple questionnaire about their circumstances, barriers, and ambitions. This allows us to identify support which will best meet their needs. Once an application is assessed and approved, vouchers are issued via email.

[Find out more about #YSNext](#)





### **#YSAttain and Bespoke Entitlements**

Over the past few years, we've supported Dundee, Falkirk, Highland, North Ayrshire, North Lanarkshire and Renfrewshire councils to use the Young Scot NEC to provide practical, local entitlements to young people. The entitlements included local information, travel tickets, out of school food provision, access to leisure and extra-curricular activities, and help to reduce the cost of the school day. These are all known to improve health and wellbeing – drivers to improving attainment, reducing inequality, and challenging poverty. As they are delivered via the Young Scot NEC, young people access these entitlements free of stigma. To find out more about #YSAttain and how your school can get involved, email [attainment@young.scot](mailto:attainment@young.scot).





## Young Scot Information and Resources (Criteria 5)

[young.scot](http://young.scot) is Scotland's leading website for young people, packed with quality-assured and specialised youth information.

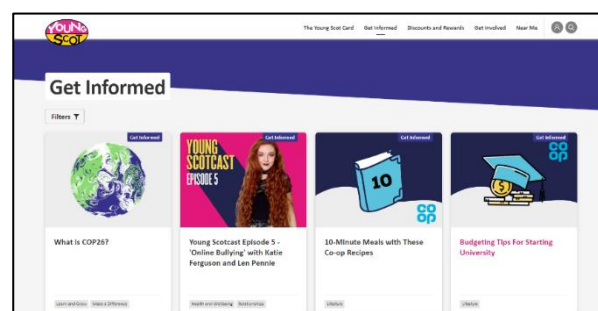
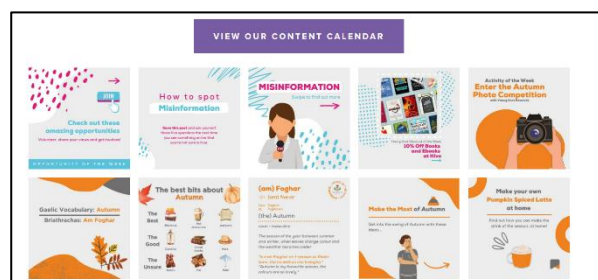
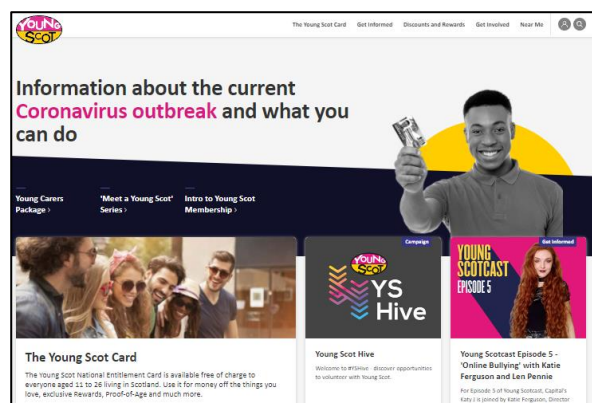
We deliver this information to young people via the digital spaces they spend their time in, including Snapchat, Instagram, Facebook, TikTok and YouTube. We also translate key information and social media content into Gaelic.

We work with quality-assured partners and experts to develop information on important issues such as mental health, relationships, money, employment and education. We also align our information to the European Youth Information Charter.

Access to quality-assured information helps to build resilience, confidence and a sense of community in young people. We believe there can be no effective participation without information. We also believe that young people have a right to quality-assured and factually accurate information, and should have the information literacy skills to identify, evaluate and use that information. This is particularly important due to the growth of fake news and misinformation.

[young.scot](http://young.scot) provides articles which cover a huge range of topics. These can be used in class to discuss a certain topic or for individual learners to read about their interests.

You can visit our [content calendar](#) which explains when our newest content will be released. By clicking on the pictures below the calendar, you can access our Instagram posts that provide quick tips and links to activities your learners will find engaging and relevant.





## Learning Resources

Schools, parents, guardians and community learning hubs can use our digital information and [our learning resources](#) to support learning activities. The information covers a range of topics that can facilitate learning across the curriculum.

To enhance this learning, we offer online resources and activities linked to the Experiences and Outcomes of the Curriculum for Excellence. They vary from activities that are solely completed online – to activities that involve writing, creating, making or doing at home. Some can be completed online, and others don't require a computer.

['This Must be the Place' Learning Resource Pack – Learning for Sustainability](#)

['This Must be the Place' Learning Resource Pack](#) is based on Nesta's This Must be the Place initiative – nine scenarios showing what Scotland could look like to live and work in a sustainable and hopeful future. We've developed an exciting set of learning resources for schools to use based on these scenarios, including:

- Direct Democracy
- Powerful Communities
- Living Locally
- Dear Green Places
- Technology and Nature
- Industrial Rewilding
- Sustainable Industry
- Out of Office
- Our Home

The activities in the learning resource pack will help schools to support learners to imagine the place they want Scotland to look like in the future. The information and tasks will enable learners to understand what a sustainable Scotland could look like. They will also provide opportunities for learners to think about how they can be involved and help to work towards this.

## [Activate your Rights - UNCRC](#)

In partnership with the Scottish Government and Children in Scotland, we've created an activity pack on children and young people's rights.

These exciting activities we co-designed by children and young people across Scotland. You can download the whole pack, or the individual sections depending on what you want to focus on.

There's also articles, videos, podcasts, and quizzes in the ActivateYourRights section of [young.scot](#) for young people to access themselves.

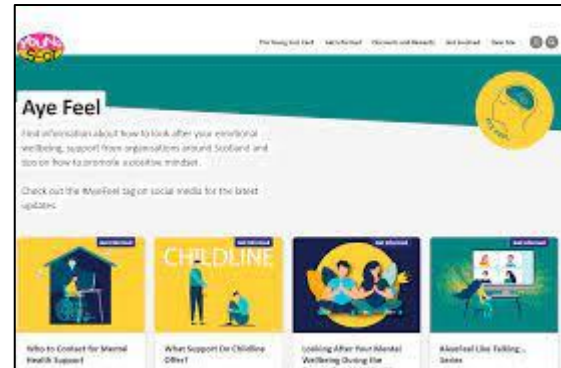




## [#AyeFeel](#)

#AyeFeel is a collection of information and resources that support young people's emotional wellbeing. The site and its content help young people to understand that it's perfectly normal to be dealing with fear, uncertainty, anger, or sadness during difficult circumstances.

It contains quality-assured information, expert advice and content made for young people by young people. It covers topics such as how to improve sleep, managing stress, productive ways to spend time online and coping with conflict.



## [#MoneyandMe](#)

We have created learning resources based on our [Money & Me](#) campaign to inform young people about managing money, debt and budgeting for the future, in partnership with The Money and Pensions Service Youth Checkpoints Programme. These resources include a "Jargonbuster" to make sense of popular money terms and a "How to Be Better at Managing Your Money" resource which allows learners to practice skills for the future in a real-life context.



## **Connect with Young Scot – (Criteria 6)**

Your school can contact your local authority Young Scot representative to collaborate on local Young Scot opportunities, including:

- Bulk Young Scot NEC processes in your school.
- Creating local digital content on [young.scot/near-me](#)

To find out who your local authority representative is, please visit [young.scot/card](#).

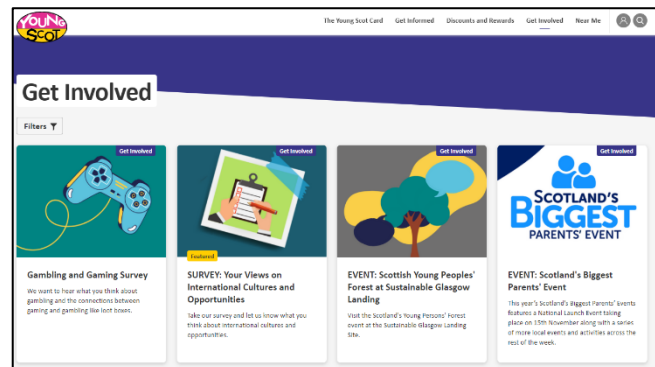


## Personal and Social Education (PSE)

We want to support PSE teachers to use our information services to support learners as they consider and work towards their future career goals.

To help learners build their Personal Statement with volunteering opportunities, you can search for and direct them towards opportunities related to their chosen field.

You can see all our available volunteering opportunities by heading to [young.scot](https://young.scot) and looking at the [Get Involved](#) page. You can use the filters to find volunteering opportunities in your area and/or choose different categories.

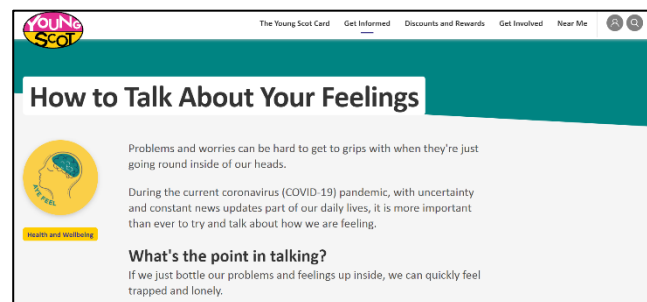


## Physical and Emotional Wellbeing

We know that PSE teachers often share information on physical and emotional wellbeing, especially when learners have concerns about their mental health. Our [#AyeFeel](#) resources are there to support these conversations.

To support the Curriculum for Excellence Benchmarks for Personal and Social Education, you might also choose to share our information to classes or for targeted intervention for groups or individuals. For example, we have quality-assured articles and videos pertaining to alcohol and drugs that will allow learners to make informed choices.

HWB 3-38a, HWB 3-40a, HWB 3-40b







## Appendix 1 - List of National Discounts accessed in-person with the Young Scot NEC

IRN-BRU Carnival	£3 discount on tickets
Young Driver	15% off driving lessons for those aged 10 -17
Palace of Holyroodhouse	25% off Admission
HAGGiS Adventures	10% Off 1-10 Day Adventures of Scotland
Scotmid	10% off
The Edinburgh Dungeon	20% Off Admission
Schuh	10% off
The Outward Bound Trust	10% off Summer Adventures
Ryze Ultimate Trampoline Parks	Extra Jump Time
Arnold Clark Car & Van Rental	Two Hours for the Price of One, Monday to Friday
Historic Houses	£1 entry
BSM	Buy one driving lesson, get one free
Cotswold Outdoor	15% Off
Co-op	10% off
Historic Environment Scotland	£1 entry
National Trust for Scotland	£1 entry to gardens and grounds
Cass Art	10% off
Fat Buddha Store	10% off Streetwear
GO Outdoors	10% off
Blacks	15% off
Millets	15% off
Scottish Citylink	20% off fares
Cineworld	Student Rates
National Museum of Flight	25% off Admission Prices
Edinburgh International Book Festival	Concession Price Tickets
Edinburgh International Festival	50% off Tickets
RZSS Edinburgh Zoo	Concession price tickets



Camera Obscura & World of Illusions	10% off
Isle of Skye Candle Company	20% off
Jessops	25% Off Photo Printing
Pizza Hut Restaurants	20% off
RZSS Edinburgh Zoo	Discounted Membership
Loganair/Flybe	Student Airfares
Euro Hostel	Up to 15% off reservations
City of Edinburgh Tours	Save £2 on selected tours
Chocolates of Glenshiel	20% off all products
Archers Sleepcentre	10% off
Deep Sea World	20% off
Bedlam Paintball	Free entry for up to 10 players
The Academy of Music and Sound	10% Discount on Selected Courses
Scottish Opera	£10 Performance Tickets
Taco Mazama	10% off
Scottish Segway Centre	10% off Monday to Thursday Bookings
New Lanark World Heritage Site	25% Off Entry and Exhibition Ticket Discounts
Historic Environment Scotland	10% Off Entry Fees
Highland Fling	10% off bungee jumping and thrilling outdoor activities



## **Appendix 2 - How to sign up to Young Scot Membership Step by Step Guide for Young People**

1. Go to [membership.young.scot](https://membership.young.scot) to get started. To sign up click on the person icon on the top right-hand side of the page. This will open a new window where you can register for or log in to your myaccount. If you already have a mygovscot myaccount, sign in using your username and password. Then go to step 7 in this guide.
2. If you do not have a mygovscot myaccount, click 'Register'. A new window will open, click 'Register' on the left-hand side box.
3. Now you will need to enter your information. Follow the steps and enter the requested information (some of it is optional).
4. Once you have entered your details, you will receive a confirmation email.
5. Follow the link in the email to activate your mygovscot myaccount. You will need to read and accept the terms and conditions. Please make sure you read these carefully!
6. Once you've read and accepted the terms and conditions you will have to provide your consent for mygovscot myaccount to share your data with Young Scot. You will need to do this to create your Young Scot Membership account. Click 'Yes, take me there'.
7. You will then need to read and accept terms and conditions for Young Scot Membership. Please make sure you read these carefully! If you are signing up using an existing mygovscot myaccount, you will be taken directly to the Young Scot terms and conditions once you log in.

### **Get in Touch**

For more information or queries, please contact:

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